

## *Office of the Mayor*

### PROCLAMATION

**WHEREAS;** The opioid crisis continues to take a toll on the health and lives of millions of Americans, and has worsened in some communities during the Covid-19 Pandemic;

**WHEREAS;** According to the Centers for Disease Control and Prevention (CDC), as many as one in four patients who receive perscription opioids long term for non-cancer pain struggles with addiction and, from 1999-2000, more than 260,000 people died in the U.S. from overdoses involving perscription opioids;

**WHEREAS;** The interest in and need for greater access to safe and effective non-drug, non-invasive approaches to pain management has increased;

**WHEREAS;** The American College of Physicians (ACP) released updated low-back pain treatment guidelines in 2017 that promote the use of non-invasive, non-drug approaches such as spinal manipulation as a first line of defense against back pain, before the use of pain medications and surgery;

**WHEREAS;** The CDC in its draft 2022 perscribing guidelines also promotes diverse approaches and varied pain management solutions and specifically encourages use of non-drug thereapies as a first line of treatment for subacute and chronic pain and even some types of acute pain.

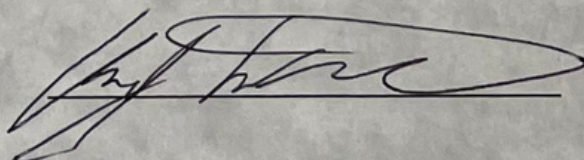
**WHEREAS;** Doctors of chiropratic, who focus on the whole person with their non-drug, non-invasive treatments for pain management- most notably spinal manipulation- can play an important role in helping patients lessen their reliance on pain medications;

**WHEREAS;** There is a growing body of research supporting the early use of chiropratic spinal manipulation in helping patients with chronic low-back pain to reduce or eliminate their need later for perscription opioid pain medications and surgery;

**WHEREAS;** With the theme "Chiropratic: On the Frontline For Pain," Chiropratic Health Month 2022 serves as a reminder to citizens of Nolanville, Texas that non-drug treatments for low-back such as spinal manipulation provided by doctors of chiropratic can help to lessen or elimiate the need for riskier, potentially addictive treatments and should be utilized where appropriate before starting perscription opioid pain medications.

**NOW, THEREFORE, BE IT RESOLVED** that the City of Nolanville, Texas officially joins with the Texas Chiropratic Association (TCA) and the American Chriporatic Association (ACA) in proclaiming the month of October 2022 as Chiopratic Health Month.

*Chiropractic Health Month*



Andy Williams, Mayor

